



**What to do  
at my CU?**



If you help lead a Christian Union, it can feel daunting trying to work out what to do! Don't despair, here's some ideas and resources that could make your life easier:

The purpose of a CU

## GROW

To fall more in love with Jesus as a group so that His love compels you to...



## GO

Representing Him in all you say and do, sharing the love of Jesus and putting on events so that people can hear the Good News!



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# 1. Pray!

Amazing things can happen when we pray  
(Eph 3:20-21!)

Make sure you preserve some time each meeting to pray (for each other, for your friends, for God's power at work where you study)



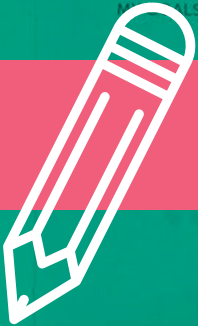
Organise a CU session where you devote yourselves to praying for your College/Sixth Form. Think of creative ways and different themes to help you pray!

Get us praying for you [here](#)! We would love to pray for your CU, College and CU! Get your churches praying for you too.



## 2. Make a plan

At the beginning of each term, get hold of the CU Term Planner. It is packed with ideas for the term ahead.



Use the Blank CU Term Planner to plot your own CU meetings.

You want to make sure you have a balance of meetings that help fuel your CU up as well as send you out (GROW and GO!)







# Grow Resources

1. Tailor-made Bible Studies: A great way to 'grow' is to encounter Jesus in the scriptures. There are loads of no-prep Bible studies that have been specifically produced for College and Sixth Form CUs [here](#).

2. Training: Is there a difficult question that friends always ask you about Christianity? Why not invite a local pastor in to help you? (You'll need to get permission for any visiting speakers). Check out our difficult questions page for videos to watch together and discuss!

3. FOTF: Go through the fantastic Fruitful On The Frontline course as a group to be encouraged, inspired and challenged to live fruitful lives where God's put you!





# Go Resources

1. See 10 Tried & Tested outreach Ideas for a whole bunch of creative ideas to help you share the gospel at College/Sixth Form
2. Testimony: Your story is so powerful! How To Share Your Story? is a 3 week course that will enable you to help each other share how you came to know Jesus!
3. Seasonal: Easter, Pancake Day, Christmas, Valentine's Day – there are loads of opportunities to share the love of Jesus creatively through a whole host of seasons and celebrations! Check out the trending section of OUT at [festive.org.uk](http://festive.org.uk)
4. Give-aways: As you share God's love with your mates – there might come a time where they want to explore more. We can send free Gospels, books for seekers and more for you to giveaway [here](#).







# How should we run the actual CU meeting?

## **1. Arrive Early**

To welcome any newcomers

## **2. Pray**

Start and end your meetings with prayer

## **3. Warm Welcome**

A friendly atmosphere is important. Introduce yourself and welcome everyone to CU. Explain what's going to happen in the session so people know what to expect. *Top tip: Brownies & background music help!*

## **4. Be Gracious**

You might have people from all sorts of backgrounds and experiences at CU, so be gracious and thoughtful in all you say and do

## **5. Keep the main thing, the main thing!**

Cheesy cliché but crucial – make Jesus the focus of everything at CU!



# What makes a great Christian Union?

Whatever shape, size, permission or none – a great Christian Union is one that is looking upwards and outwards.

Whoever you are, whatever you have – give it to the One who can do immeasurably more.

Whatever situation you're in – whether it's you alone or you and many, it is some adventure to say "Here I am" to the God who can fuel you up and send you out on His mission? The Festive team would love to stand with you, pray with you and help you make it happen!

Contact: [info@festive.org.uk](mailto:info@festive.org.uk) as we would love to pray for you and support you as you seek to start a CU!



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